### Vintage Ads









TAKE A TIP
FROM ME...
IF YOU'VE GOT
COFFEE-NERVES
... SWITCH TO
POSTUM! THERE'S
A REASON!

THERE'S
A REASON!

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M ANY PEOPLE can drink coffee without any ill effects. But many others—and all children should never drink it.

So if you're nervous or, irritable, if you can't aleep, or if you have nervous indigestion—and you think coffce-nerves may be responsible—by all means witch to Postum.

For Postum simply can't fray your nervesit contains no caffein or stimulent of any kind. And Postum is delicious! Lift a steaming cup to your lips. You'll notice it has a distinctive, fullbodied flavor all its own -a cheering, satisfying goodness that has made it the favorite drink in millions of American homes.

So if coffee upsets you, drink Postum, instead. And then even in two short weeks see if you don't feel brighter and happier-thanks to switching to Postum.

Pestum comes in two forms: Postum, made as you make coffice; and Instant Postum, made instantly in the cop. Economical, too-cests less than 1/2¢ a cup. A General Foods Product.

Copposits, \$1600. General Freds. Co.







# Some Can And Some Cannot

### Drink Coffee Without Dangerous Results

2 But if you intend to win out in life you will need a clearer head and steadier nerves than the coffee drinker usually has.

Coffee contains cuffeine a subtle, poisonous drag, and its use as a daily reutine beverage causes more or less disturbance of nerves, heart, stemach, liver or some other organ. This may not show for a time, but the coffee drug, caffeine (about 2½ grains to the cup) is a cumulative poison and, for most persons, a day of reckening will surely came.

But why wait until Nature drives home her arguments against coffee? Try this easy test—quit coffee 10 days and try POSTUM.

After a few days the habit-forming drag, caffeine, will be chaineded from the system, and the gradual estura to obtime confect will be the best evidence that coffee was "getting you."

There's no headache or pains of any kind in Protum. It is a pure food-drink, made only of choice wheat and a little New Orleans molasses, and is absolutely free from caffeine or any other drug.

Postum new comes in two forms.

Regular Postum-must be well holled to bring out its delicious flavour and food

Instant Pestam-(the new form) is a soluble powder. A speciful stirred in a cup of hot water with ourse and cream added, makes a perfect cup, instantly.

The presen who has to bother with coffee order and pains is badly handleapped, but it's easy to shift to

# POSTUM

And the thange works wonders

"There's a Reason"

### "...Just how <u>do</u> you land a Marine?"



Janet: Listen, blonde and beautiful, I've got my eye on a Marine that I could go for . . . but he acts as if I didn't exist! I wish I knew how to nab him, Elsie.

Fisie: Use strategy, Janet! Leathernecks might halt for a pretty face—but they go "all out" for charm! You could have charm galore—but—

### What's happened to me?

### I'M AFRAID!



### Don't let Change-of-Life torture you with fear!

Those nervous clammy sweats—those suffocating "heat waves"—that restless irritability often strike terror to a woman's heart—yet needn't.

Countless women have found you no longer have to feel miserable, sickly, old, before your time from the awful hot flushes, weakness, nervousness. They have found welcome relief with Lydia E. Pinkham Compound. In doctors' tests woman after woman reported wonderful relief—hot flashes quickly subsided, irritability, nervousness calmed—all this without expensive "shots."

So, don't suffer one more unnecessary minute during the trying years of change of life. Get gentle Lydia E. Pinkham Vegetable Compound today.

The gentle medicine with the gentle name LYDIA E. PINKHAM

# OVER-WROUGHT NERVES OF WOMEN

### Extracts From Letters Received by Mrs. Pinkham

"I am so nervous and wretched." "I feel as if I should fly." How familiar these expressions are. Little things annoy you and make you irratible.

You can't sleep, you are unable to lift ordinary burdens, and are subject to dizziness.

> That bearing-down sensation helps to make you feel miserable.

You have backache and pains low down in the side, pain in the top of head, later on at base of the brain.

Such a condition points unerringly to serious trouble.

If you had written to Mrs. Pinkham when you first experienced impaired

vitality, you would have been spared these hours of awful suffering.

Happiness will be gone out of your life forever, my sister, unless you act promptly. Procure Lydia E. Pinkham's Vegetable Compound at once, and begin its use, then write to Mrs. Pinkham, at Lynn, Mass., if there is anything about your case you do not understand.

You need not be afraid to tell her the things you could not explain to the doctor; your letter is seen only by women and is absolutely confidential. Mrs.

Pinkham's vast experience with such troubles enables her to tell you just what is best for you, and she will charge you nothing for her advice.

MRS. JENNIE BIERLY, Youngdale, Pa., writes :

"Dear Mrs. Pinkham:—Will you kindly allow me the pleasure of expressing my gratitude for the wonderful relief I have experienced by taking your Vegetable Compound. I suffered for a long time with nervous prostration, backache, headache, loss of appetite, a heavy feeling, also burning pains in the groins. I could not sleep, was tired all the time, had no ambition. Life was a burden to me. The pains I suffered at times were something dreadful. I thought there was no cure for it. I saw your advertisement in the paper, and my husband advised me to try your medicine. I took five bottles, and now I am well and happy. Your medicine saved my life."

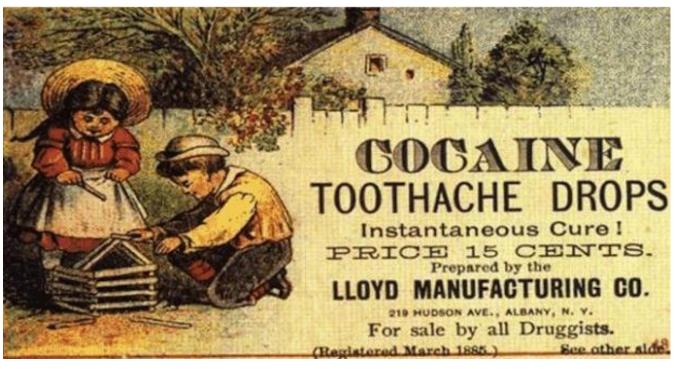
A Million Women Have Been Benefitted by Mrs. Pinkham's Advice and Medicine

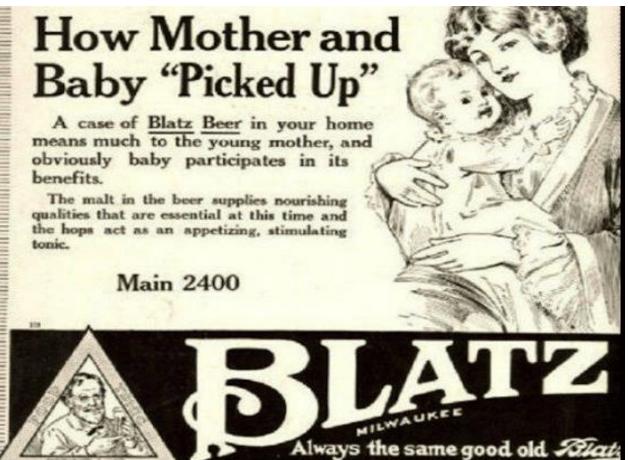
















POPULAR SCIENCE MONTHLY

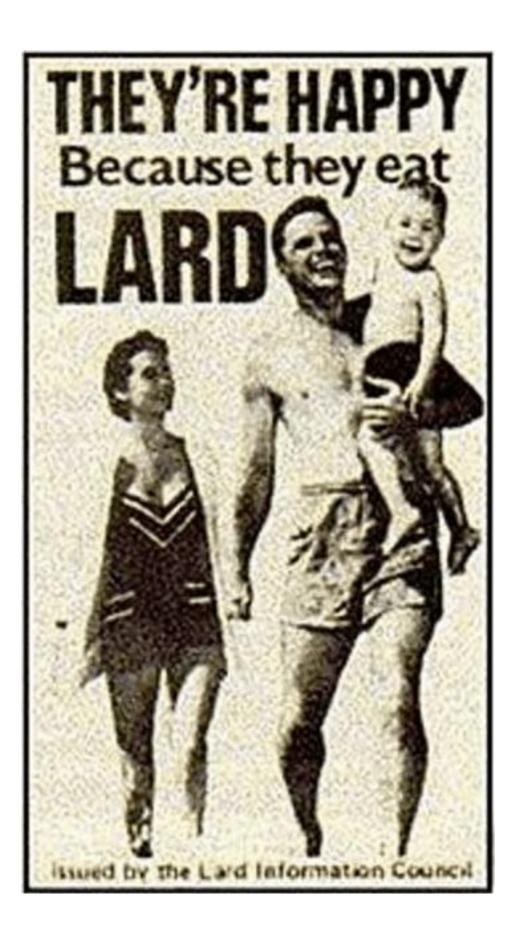
New Kind of Hat Worn 10 Minutes a Day Grows Hair in 30 Days ~or No Cost

No matter how thin your hair may be this remarkable new scientific invention is absolutely guaranteed to give you a brand new growth of hair in 30 days—or it costs you nothing. Don't send a cent. Just mail coupon below.

By ALOIS MERKE Founder of Famous Merke Institute, Fifth Ave., N. Y.



13



# Radium Is Restoring HEALTH to Thousands

No medicine or drugs. Just a light, small, comfortable inexpensive Radio-Active Pad, worn on the back by day and over the stomach at night. Sold on trial. You can be sure it is helping you before you buy it. Over 150,000 sold on this plan. Thousands have written us that it healed them of Neuritis, Rheumatism, High Blood Pressure, Constipation, Nervous Prostration, Asthma and other respiratory disorders, Heart, Liver, Kidney and Bladder trouble, etc. No matter what you have tried, or what your trouble may be. try Degnen's Radio-Active Solar Pad at our risk. Write today for Trial offer and descriptive literature.

### RADIUM APPLIANCE CO.

(Established 1916)

2103 Bradbury Building Los Angeles, Calif.



### SEE TESTIMONIALS

Over 100,000 people now drinking Kadio-Active water from Revigators in Texas Write ce chone any of them-ask them about revalue they have obtained.



### The REVIGATOR

- is the most Remarkable Invention of the Day. WHY? Become of mine it does for Humanity,

# Radio-Active Water From the Revigator

Government tests show Revigator equally radio-active to the greatest Health Springs in the country

### YOUR HEALTH IS YOUR WEALTH

HERE ARE JUST A FEW NAMES OF THE MANY THOUSANDS OF SATISFIED USERS

CLAY FRANCIS, Weep, Texas.

W. T. ELDRIDGE, Segarand Indes-

UDGE J. M. MATTHEWS, Harrisburg, Treas.

Diller, Years.

IOHN M. MATTER, SE. Atterey. 100 Montess Ave., Housing, Texas.

MRS. F. A. BUCKELEW, 5638 Willis St. NEVEL SON, 2120 C Street, Galver- G. T. SHATTUCK, 113 West Assile, Avenue, Dallas, Terra.

A. LOVELESS, 214 West Fighth Dr. H. W. STRAUSS, 1110 Main J. W. SIMS, 310 Penals Street, Abbrea, Street, Fort World, Texas. Street, Houston, Texas.

DK J. F. KING, UH Hawthers Street, Houston, Texas,

MAIN STREET, HOUSE, TORK

L. J. VLEMING, 318 Central Trust Building, Sex Artesia, Texas.

W. CROWDER, 23V North Seren, Lobbook, Terre

DE GENEVIEVE LAUGHEIN, 2008 MISS OPAL TEPE, Canadian, Texas Line Old Street, Dallas, Texas, MRS. W. R. HOLLAND, Missal Texas MRS. W. F. HOLLAND, Missel, Trus-

> SAM HINKLE, Dellas, Tenas. J. S. CAMERON, Possburg, Ohio.

LEE MURPHY, Charles, Olds.

J. L. McCARTY, Briggs, Tona

L. L. LAMON, Bales, Tesas.

J. H. McDONALD, Cisco, Terra.

### A TRULY REMARKABLE INVENTION



Jost fill the Sevirator at night. The water remains in contact with the radium one walls 12 hours. By morning the water has retirmed to that healthful made found only in genulosity fresh water right at the springs. It is flavoriers and edecless and it estition a medicine nor a drug. Just that retioned element of freshmens generated by the thry explosions that occave whose the radium rays strike the water. This water gives such health and vigor that science calls it "the viturile element of unter." You have never tained water so soft and palatable except at genesics radio-active health appliegs.

BROXCUMED RE-VIO-A-TOR

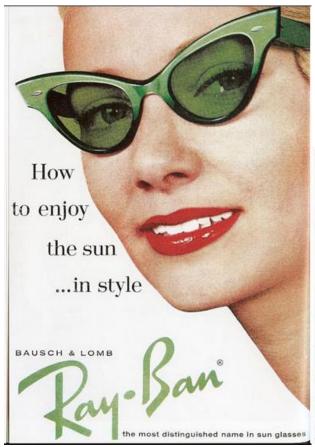


"Your Most Highly Prized Possession: Good Health"

















PAGES SABORDED SON BOND STANDER

# For 1940 — Re Slim

Overy woman wants to look better, () to feel better in the year ahead. Slenderness is the way to health, beauty and fitness. A couple of Bile Beans taken nightly enables you to 'slim while you sleep'surely and safely.

These fine vegetable pills do more than disperse unwanted fatthey purify and entich the blood, tone up the entire system and make you feel better in health in every way.

So start with Bile Beans to-night and make sure of looking and feeling your best in 1940.





